



# SEN Newsletter

St Edmund Campion School

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## Welcome

Welcome to the 3rd edition of the SEN newsletter. Below you will find some useful resources, tips and hints while we're in these unprecedented times.

As we know the "lock down" has been extended for at least another three weeks and this will undoubtedly cause worry and concern about the future as well as the time away from school.

It is important to remember that while continuing with school work is important, students can also use this time to learn a new skill, take up a new interest or help out more around the house.

It is important they keep a balance of activities to keep their mind and body stimulated.

We also have a special guest editorial in this edition from Mrs Beizsley who has put together a useful guide for Year 11s to think about their transition to Further Education!

## Free Resources

The BBC have launched a range of free Bitesize resources for all age groups covering a vast range of subjects. From Monday 21st April they will also be offering Daily Lessons. These can be found here:

## [Bitesize](#)

On the next page is an example of a mindfulness colouring that some find helpful to deal with stress and anxiety. You can print this off and colour it in as well as finding other examples on the internet. More can be found here:

## [Mindfulness Colouring](#)

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## Mindfulness Colouring



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## Year 11's Transition to Further Education

These some suggestions to some things you might want to find out about your next steps, you maybe considering college. You may want to ask parents or carers for their support with looking into your future choices.

### Next is finding suitable course for you

Sometimes best to 'back chain' to first look into the future at what job/career you see yourself enjoying and are your talents/interests; What are the requirements of this job, the required working hours, will I work weekends and/or shifts patterns, what equipment will I need to use, what will I need to wear, how far am I prepared to travel. What does the job pay!

### Considering College

You could do this perhaps by looking on the college websites, consider courses they offer, information of these are included on their colleges website, (see resources below). Phone/email the college to find out if a prospectus can be sent in post. Find out things by visiting the colleges on open days.

Perhaps you know someone who already goes to the college – you could ask them some questions.

### You may ask yourself or consider asking the College:

What is the entry qualifications required for each course. What qualification am I going to gain on completion? When are the open days dates? What support will I get when at college (see below)? What are the required hours of study. What are the expectations of homework. What are the college rules. The size of class student numbers. What does the college facilities offer eg library, cafeteria. Will I get any financial support eg bus/train pass.

## Finding out about my new colleges

### General information

The name of my new college is

The Address is

The email address is

The telephone number is

The name of the my contact is

Course days                      starts at                      and time finishes at

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Travelling to and from college

Going to college:

I will travel by (car/bus/walking/bike train), circle the right one.

To get to college on time, I will need to leave my house at about

Coming home:

I will travel by ..... (car, bus, train, cycle, walk, other) I will leave college at about ..... Pm

List some things you are looking forward to:

List some things you'd like to know more about

For example:

Will I be entitled to additional funding (DSA) Disability Student Allowance?

What support will student services provide me with eg note-taking, mentoring support &/study skills support?

Is there a buddy system?

Who's Who?

You may want to find out the name of the Principle of your college

Other staff you might need to know about: Eg Course Tutor, SENCO, support worker. Is .....

Try and find out when you will see your support worker & Course tutor. Your tutor/support worker is there to help you. There may be other staff who could help you eg Head of Dept, SENCO. Find out who they are:

Name ..... Name .....

Title ..... Title .....

## Resources and useful websites

Prospects – the National Autistic Society employment a training service for people with autism who wish to work. [www.nas.org.uk/nas/jsp/polopoly.jsp?473&a=2348](http://www.nas.org.uk/nas/jsp/polopoly.jsp?473&a=2348)

Skill - National Bureau for students with Disabilities. [www.skill.org.uk](http://www.skill.org.uk)

Prepare to work [www.do2learn.com](http://www.do2learn.com)

[www.autismeducationtrust.org.uk](http://www.autismeducationtrust.org.uk)

BMET College



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## Covid 19 Social Story

- Coronavirus can be called "Covid19".
- Coronavirus is a new type of flu.
- A flu will make you feel sick, but it is ok, you will feel better again.



- I can keep safe from Coronavirus by washing my hands with soap and water.
- I will wash my hands before I eat my food.
- I will wash my hands after I sneeze, blow my nose or touch my mouth.
- I will wash my hands after I go to the toilet.
- I will be safe with my lovely clean hands.



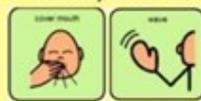
- I will not bite my nails or put my hands in my mouth.
- I will cover my mouth when I cough or sneeze.
- If I am not feeling well, I will tell a grown-up.
- I will not give my friends or staff high 5's, hugs or fist bumps until everyone is feeling better.
- I can do other things to be friendly, like give them a wave, an elbow bump or a dab!



Unhealthy choices



Healthy choices



- My school might need to close for a while- everyone will stay at home instead.
- It will be closed to let everyone get better.
- A grown-up will let me know when I can go back to school.



- Just like other types of flu, coronavirus will go away soon.
- I don't need to feel worried, but if I do I can talk to an adult.
- I will keep safe! Hurray!

